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Developing Resilience Through Challenge

With 2025 now in full swing, our new Wellbeing Model *Learning Well* has been launched to staff and is being explored across the College. The main focus of this model is exploring how to attain an equilibrium point between the challenges we face and the resources we can call upon and develop to manage or overcome them. This important work is leading to careful reviews of our programs as we search for ways to directly and indirectly provide opportunities for our young people to develop their intellectual, social, physical, spiritual and psychological resources, and to provide them with good levels of challenge in a safe environment, such that they can draw on and build these resources.

We know that challenges are a normal part of life for all of us – adults and young people alike – and so it is clear that removing challenges is not a panacea for positive wellbeing. Developing resilience comes from knowing what resources you need to draw on in the face of challenging moments. Whether it be responding to academic stress through going for a run, facing a fear on camp with the encouragement of peers or developing leadership capacity through having a clear sense of the purpose of service, testing out which resources help us to face our challenges is a work in progress for our students and our staff.

With the halfway point of the term now behind us, we are excited to continue to create opportunities for our large community to persist through challenge, in the knowledge that their

toolbox of resources is ever-growing, including through the partnership between school and home.

Warmest blessings

Clay Watkins

Middle School Leader

Daniel Wood

Senior School Leader

Emily Borowicki

Middle School Learning Leader

Fiona Greig

Senior School Learning Leader

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Q&A with Angus Moffatt, English, History and AIF Teacher - Concordia Campus

1. Where were you before this and what persuaded you to join Concordia?

Before coming to Concordia, I was a Behaviour Intervention Support Officer at Adelaide Botanic High School. I joined because I was really looking for somewhere that was a community that extended beyond just the classroom - and so far the Concordia community has been just that!

2. Three words to describe you.

Relaxed, open, curious.

3. What is your motivation or inspiration in your role?

The most important thing for me in any class is for students to be able to develop the confidence and courage to be kind in a world that can sometimes make that hard.

4. If you had a superpower, what would it be?

Not quite a superpower, but I often find myself thinking of the scene in The Matrix when Neo just downloads information straight into his brain - how easy would that be?

5. Who would you invite to a dinner party of six guests and why? Alternatively, tell us something you might like to share that we could not possibly know?

The Inklings, J.R.R. Tolkien and C.S. Lewis's old writing group. I feel like they would either have some very entertaining or insightful commentary, or just rip into each other a bit. Either

way, it would be an entertaining evening!

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Shrove Tuesday (Pancake Day) at Concordia

Across Concordia, Shrove Tuesday (aka Pancake Tuesday) was celebrated in traditional style with the making and eating of pancakes!

Since the Middle Ages, Christians have given up rich foods like eggs, butter and milk during the season of Lent (which starts on Ash Wednesday). To avoid waste, households would mix these ingredients with flour to make pancakes. This tradition became so popular that most Christian countries still celebrate Shrove Tuesday with pancakes today. In France this is known as Mardi Gras (Fat Tuesday). In England, they have pancake races, where people run while flipping pancakes in a frying pan (there's an idea for next year)!

On all three campuses, pancakes were cooked and served to students and staff alike, to remember that this is a special day on the Christian calendar. The word "Shrove" comes from the old English word "shrive," meaning to confess sins and seek forgiveness. So, whether we eat pancakes or not, Shrove Tuesday invites us to reflect, repent and prepare for the journey to the joy of Easter.

In addition, students were encouraged to donate a gold coin to support the work of Australian Lutheran World Service (ALWS). ALWS feeds and supports many people in need, especially in war-torn places like East Africa and Ukraine.

I am thankful to our student leaders, staff and parents on all three campuses who in some way helped to prepare and serve these delicious treats. Happy Shrove Tuesday and many blessings for the Lenten season.

Mark Rathjen
College Chaplain

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Music Ensemble Leaders for 2025

During our Middle and Senior School Assembly last Friday, we were pleased to be able to announce our 2025 Music Ensemble Leaders, for those ensembles that have commenced rehearsals in Term 1. Please join us in congratulating the following ensemble leaders:

- Big Band 1 – **Peter (12TMCC)**
- Big Band 2 – **Marco (11AMOF)**
- Concert Band – **Archer (12TMCC)** and **Evelyn (12CHEL)**
- Wind Ensemble – **Zoe (10RCRO)** and **Ethan (10BWHA)**

- String Ensemble – **Jude (12TMCC)** and **Rafael (12TMCC)**
- Chamber Strings – **Ella (8LBRO)**
- Rock Band 1 – **Matilda (12CHEL)**
- Mattson Jazz Choir – **Maddi (12CHEL)** and **Tom (12TMCC)**
- McKenzie Jazz Choir – **Archer (12TMCC)** and **Emily (12TMCC)**
- Prelude Jazz Choir – **Max (10RCRO)** and **Minnie (9RBEN)**
- Testosterphones – **Tom (12TMCC)**

Kellie Rich

Head of Music Performance ELC-12

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Enrichment and Extended Learning News

Presentation to the Mayor and Unley Councillors

Thomas (11BSTJ) presented to the Mayor and Councillors of the City of Unley alongside students from Urrbrae Agricultural High School and Glenunga International High School. Together, they shared insights into the impact of the 2024 My Voice in My Hands democracy project, in which several of our Year 10 students participated last year.

This initiative was part of a broader event series, funded by the SA Commissioner for Children and Young People, Helen Connolly, and delivered by the City of Unley. Over two days, students explored ways for young people to voice their perspectives on major global issues and refine a priority list to present to local Ministers, the Unley City Council, and a wider public forum. DemocracyCo facilitated both sessions, guiding students in addressing the following key questions:

- What could be done to help your voice be heard and enable you to be an active citizen in our democracy?
- What can you do and what could government do?

Congratulations to all our students who participated so positively in the program last year. Tom represented us with confidence and maturity and received wonderful feedback from the Council members.

Inklings

Join our Inklings writing group if you are keen to extend yourself as a writer. Students in Years 7 to 12 are welcome. [Click to register your interest.](#)

Writing Competitions

You may like to enter one of the following writing competitions:

- **SAETA Young Writers Awards:** Entries are open to all South Australian students from Reception to Year 12. Entries may be up to 1,000 words – free topic, poetry or prose.
- ***What Matters?* writing competition:** *What Matters?* writing competition is currently open to school students in Years 5 to 12 from across Australia. Responding to the simple question 'what matters?', entrants are free to express their views on any matter they care about – up to 600 words. [Read more...](#)
- **Duke of Edinburgh's International Award:** If you are 14 and would like to commence the Duke of Edinburgh's International Award, please [make contact](#) as soon as possible. Pop into room G68 for questions and help with individual goal setting, or [email](#) any time for support. [Learn more...](#)
 - If you have already registered and need help with anything at all, please reach out.
 - Register your interest by [emailing Mrs Rieger](#) or popping in to visit in G68.

26 Book Challenge

Please don't forget to sign up in the library for this year-long challenge. Check out the incredible Departure Gates display in our library to give you inspiration for certain categories. This year your reading challenge is the in the form of a passport. You can visit passport control (the library circulation desk) to get your passport stamped after you finish a book in a category. Be sure to add your name to the list in the library so that you can receive updates on everything related to the challenge.

Rostrum Voice of Youth

Rostrum Voice of Youth is a national public speaking competition for school students in Years 7 to 12. It provides an excellent opportunity for entrants to gain experience and confidence in expressing their views and communicating a message. [Visit the Rostrum Voice of Youth website](#) to see this year's topics. You can [nominate online](#).

Upcoming Opportunities

- **National Youth Science Forum (NYSF):** [Read Angelina's article](#) in last fortnight's newsletter about her incredible experiences at the 10-day National Youth Science Forum in January. Passionate Year 11 STEM students can apply for the 2026 Year 12 program. See Mrs Rieger, Mrs Crossing or speak with a Science teacher to [learn more](#).
- **SA Refugee Week 2025 Youth Poster Awards:** Create a poster which celebrates the courage, resilience, strength and contributions of people of refugee background. [Learn more here](#). Please see Mrs Rieger if interested. Entries are due on Friday 11 April 2025. The Awards are open to primary and secondary students.

Emma Rieger

Enrichment and Extended Learning

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Making Dumplings in the ELC

During the first few weeks of Term 1, the Chinese New Year celebration was a focus in the St John's Campus ELC. In Room Purlaityi (Room 2 in Kaurana) one of the educators, Liv Yan, helped children to make their own dumplings. The learning involved literacy skills of sequencing and language development through discussions about the method and mathematical concepts such as amounts and capacity when using the ingredients. Physical and sensory input took place when children used their hands to form the dumpling and then ate it. The children's enjoyment was evident in the eating of the dumplings due to the many requests to do it all again!

Jacqui Downes and Deborah Waters

ELC Teachers

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Legal Studies Guest Speaker, Mr Paul Bennett

On Friday Week 4 Legal Studies Stage 1 and 2 students were visited by Mr Paul Bennett (father of Ms. Rachael Bennett). Paul spent 40 years in the legal profession before retiring just a few weeks ago. He spent many of those years working for and alongside Aboriginal People in the legal system. Most recently he was a Magistrate of the Nunga Aboriginal Community Courts in Port Adelaide. He shared with the group insights into empowered and disempowered people in the legal system and efforts to redress this imbalance. He spoke about the place of customary law in modern Australia and the pioneering work of the Aboriginal Community Courts in South Australia. The benefit for students, learning firsthand from such an experienced person, is significant. It was an absorbing 40 minutes with Paul and we appreciate his visit enormously.

Brendan Whatley and Judy Harris

Legal Studies Teachers

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Wellbeing Tea Time

A few weeks ago, the St Peters Campus Reception class began a new tradition – our Wellbeing Tea Time, inspired by the beautiful book 'Luli and the Cup of Tea'. Most Friday afternoons, we gather together to share a warm drink, reflect on our week and develop our social skills in a calm and welcoming space. In 'Luli and the Cup of Tea', a young girl finds comfort, kindness and a sense of belonging through the simple act of sharing tea with others. Inspired by this story, our own tea ritual will help us slow down, practice gratitude and engage in thoughtful conversation with our classmates. It is a special time to listen to one another, take turns speaking and share our thoughts and experiences from the week.

Prior to our first 'tea-time', we discussed the IB PYP learner profile attribute of being a risk-taker, and many children demonstrated this by bravely trying strawberry and raspberry tea for the first time! Last week, we enjoyed tasting Rooibos tea and vanilla tea. It has been wonderful to see the students' willingness to try something new and share their thoughts about the experience. We look forward to continuing this meaningful tradition each week and seeing how it helps us grow as a class community.

Laura Bengner

Reception Teacher - St Peters Campus

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College Musical Production of Mamma Mia

Here we go again! It's musical season at Concordia College and this year We Do, We Do, We Do, We Do, We Do really look forward to an amazing run of shows later this term. Why not Ring Ring and invite family and friends along? Whether you've attended many Concordia musicals before or have never seen one of our College productions, take a chance on this one, grab your Money, Money, Money and purchase your tickets today!

[Book Tickets \(opens an external website in a new window\)](#)

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Adelaide Writers' Week

Last Friday, our Year 12 English Literature classes attended two sessions at Adelaide Writers' Week. The first was presented by Dr Anita Heiss and Dr Jared Thomas, who spoke about the importance of truth telling and 'own voices' literature. The second session was presented by Amie Kaufmann and Lili Wilkinson.

Hajnalka Molloy

Learning Resources Manager

Reflections from **Angelina (12CHEL)**:

Last week I had the opportunity to attend the Adelaide Writers' Week and hear several sessions delivered by renowned authors. My favourite was '*On Writing Fantasy with Amie Kaufmann and Lili Wilkinson*', who spoke about the art of writing young adult fantasy. Their ideas really resonated with me, as it was extremely interesting to hear how fantasy stories are created and the process it takes to make a whole new world. I truly believe this was a wonderful and insightful experience and answered a lot of questions younger me would have.

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German Exchange

This term, Concordia College has welcomed five German Exchange students (Matthias, Cora, Leni, Lya and Annika). They come from the State of Bavaria, and are being hosted by Year 11 students. They are enjoying the opportunity to take part in a range of different subjects, including Legal Studies; Media; Design, Technology and Engineering; and Sport Science. Their weekends have included trips to the beach and the river to try surfing, knee boarding and tubing. The students have seen koalas in the wild, and they have enjoyed their first tastes of food such as Tim Tams and Yo-Chi. At the end of this year, the Australian host students will travel to Germany to stay with their exchange partners and experience the magic of a European Christmas. The Year 11s have also welcomed Ana, a short-term international student from Germany. Ana is also enjoying the opportunity to experience Australian culture and try new subjects. We look forward to inviting the students to visit the Primary School and Middle School German classes later this term.

Judy Harris

Year 11 Leader and German Exchange Coordinator

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The Adelaide Fringe Comes to Concordia with 'Metropolis Now'

It was extraordinary to witness the power of theatre to challenge and move audiences in our first Fringe season, and to read some reactions from those who have seen the show.

"A very talented cast."

"Amazing talented bunch of young actors."

"Great story well told by some young talented Adelaide performers."

"Surprisingly excellent. The actors are school students but so professional and engaging. Easily the best show I've seen this Fringe. ... the script is detailed and meaningful, the acting is next level in this fast paced show."

For a full review from Theatre Association of South Australia (TASA), [visit the TASA website](#).

Congratulations to all involved, and a big thank you to our Food and Hospitality students for helping with catering at each of the shows. Thanks also to our Jazz Combo for performing on closing night and adding to the atmosphere of the event brilliantly.

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Save the Date | Don't miss the 2025 P&F Quiz Night

Parents and caregivers are warmly invited to the 2025 P&F Quiz Night - a wonderful night of fun, friendship and community building. Please save the date and keep your eye out for booking information coming soon.

- **Date: Saturday 31 May 2025**
- **Time: 5.30pm for 6.00pm start - 10pm**
- **Venue: Wirrkuta Trruku (St John's Campus Activity Hall)**
- **Tickets: \$40 per person**

The theme this year is 'Bring a School Subject to Life', so start brainstorming costumes and getting your team together.

We hope to see you there!

[Book Tickets \(opens an external website\)](#)

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St Peters Campus ELC Clean Up Australia Day

The ELC children at St Peters Campus received a delivery to help celebrate Clean Up Australia Day. Armed with brand new gloves and bags to sort the rubbish into, we set off around the school campus to see what we could clean up.

The children were so motivated to find as much rubbish as they could and carefully sorted what they found into the right bags. It was an amazing effort by everyone, showing respect and care for the environment and working as a team to clean up our school.

Sarah Midson

ELC Director - St Peters Campus

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Student Tech Crew

This term, members of the newly established student Tech Crew have been installing brand new LED lighting in our theatre. As part of the wider modernisation of our theatre infrastructure, the student Tech Crew will be trained in how to operate lighting, sound and multimedia systems across the school and will operate student performances in Drama, Music and Chapel. With ten students already joined, the Crew is looking strong!

Daniel Lynch

Drama Teacher

Reminder: Connect and unwind – a gathering for Year 10-12 parents

A reminder that Senior School parents and caregivers are warmly invited to an exclusive Parent Drinks and Canapes Evening at Concordia College.

- **Date: Thursday 27 March**
- **Time: 6.00-7.30pm**
- **Location: Chapel Narthex and Memorial Garden, Concordia Campus**

A rare opportunity to connect with fellow Senior School parents, chat with key staff and gain valuable insights into your child's Senior School journey – all in a welcoming atmosphere. This is your chance to stay, sip and socialise without the rush of Parent Information Nights!

Join us for a glass of wine, delicious canapes and great conversation. We would love to see you there.

RSVP by Monday 24 March via the button below to secure your spot.

[RSVP to Attend](#) (opens an external website in a new window)

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SchoolTV Special Report

Young people today are growing up in a world where exposure to other people's lives is constant. Through social media and other platforms, they are regularly presented with curated highlights - from flawless holiday photos and academic milestones to the latest fashion trends and fitness achievements. This continuous stream of idealised content fuels what is known as 'comparison culture', where self-worth is often measured by how someone stacks up against others.

For children and adolescents, who are still figuring out who they are, this culture can be particularly damaging. Constantly comparing their appearance, achievements or social standing to friends, influencers and even strangers can lead to unrealistic expectations and a skewed sense of self-worth. This relentless need to measure up can contribute to feelings of inadequacy, self-doubt and anxiety - undermining both confidence and emotional wellbeing.

It's vital that parents and caregivers understand how deeply comparison culture can influence a child's self-perception and sense of value. Left unchecked, it can foster perfectionism and a dependence on external validation, where a 'like' or comment becomes the measure of their worth.

The good news is, families have a powerful role to play in helping young people navigate these challenges. This Special Report will help you empower your child to build the resilience and confidence needed to navigate today's comparison-driven world and embrace their own

unique path.

[Read the Special Report](#) (opens an external website in a new window)

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Year 7 Home Class Tunnel Ball Challenge

The Year 7 Home Class Tunnel Ball Challenge kicked off with an energetic start on Friday of Week 4. Firstly, about 150 students did their best to 'warm up' on the oval to the Taylor Swift song, 'Cruel Sumer', led by Home Class teacher Sophia Chen. This dance activity was then followed with enthusiastic cheering as our Pastoral Care leader, Rachel Hogan, ran around the cohort as part of a teacher-led refresher demonstration on the 'how to' rules.

The competition between Home Classes was fierce, with much loud encouragement from students for their classmates. Some groups demonstrated effective strategies on how to keep their members in straight lines so their ball could shoot its way down from the front of the line to the end with minimum amount of disruption. Instructions such as: 'Quick, Congo line', and students putting their hands on the shoulders of the student in front of them while they all took a quick, straight step back was impressive (7KSPA) - and soon copied by others.

In the end, the first class to finish the challenge was Ms Chen's Home Class, 7SCHE. Congratulations to all students who took part in this fun challenge so well!

Kellie Spargo

Year 7 Home Class Teacher

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Youth Leadership Conference

On Monday 3 March 3, our St Peters Campus Year 5/6 class attended the Youth Leadership Conference at the Adelaide Convention Centre. We explored key aspects of leadership through engaging activities and inspiring presentations. Throughout the day, we learned about the importance of public speaking, developing confidence and showing empathy when working with others.

With over 300 people in attendance, Concordia students considered scenarios to step outside their comfort zones, practice effective communication and collaborate with peers. We listened to motivational speakers, such as Amber Brock-Fabel, the 2025 Young South Australian of the Year, who shared their leadership journeys and provided practical advice on becoming strong, compassionate leaders.

One of the key takeaways from the day was the power of empathy in teamwork. We discovered that understanding and valuing others' perspectives helps build stronger connections and more effective collaboration. The conference provided valuable insights and practical strategies that students can apply in their daily lives, reinforcing the idea that

leadership is not just about directing others but about inspiring and supporting them.

Matthew Webster

Year 5/6 Teacher - St Peters Campus

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Music Notes

The past couple of weeks have been very busy for our Music students, due to visits from some talented people who ran masterclasses and workshops.

On Thursday 20 February, our Year 12 Music Solo String students worked with Alison Heike, Principal Violin 2 from the Adelaide Symphony Orchestra, on their upcoming SACE repertoire. On Thursday 27 February, the Year 12 Music Solo Vocal students had the privilege of workshopping their repertoire with Terese LaRocca, in preparation for their first assessment of the year.

Our Big Band 1 spent the morning of Friday 21 February working with renowned jazz educator Peter Foley. He gave them some valuable tips to improve their ensemble sound and polish their charts for Generations in Jazz. Big Band 2 and some of our Year 8s were also lucky enough to hear him in action.

To round off some amazing experiences, a group of students involved in this year's Musical production had a visit from Miriam Voortman – singer, speech pathologist and past student. She discussed vocal health and shared some invaluable methods students can use to look after their voice in the lead up to our school musical Mamma Mia.

Thank you to all our visitors for taking the time to share your expertise with our students!

Lee Pfitzner

Music Coordinator

Kellie Rich

Head of Music Performance ELC-12

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Yangadlitya Library News

In some very exciting news from the library, Mrs Molloy's beloved bearded dragon Pog (short for Pogona vitticeps) is becoming a more permanent part of the library.

Pog visited us last year for Science Week and Book Week, and she quickly became a bit of a superstar to staff and students.

Did you know that bearded dragons show their emotions through changing colour? When they

are happy their beards become a bright orange, and Pog's has been very orange whenever she has visited because she loves the attention!

A bearded dragon is not only a fun novelty, but there are also a few benefits to handling animals – and visiting your library.

By visiting Pog students are connecting with each other, building empathy through engaging with Pog, and are empowered to be curious about the world around them. Students are also encouraged to connect with reading and learning through visiting the library, creating opportunities to enjoy all the benefits reading has on academic achievement, mental wellbeing and social wellbeing.

Pog is now our Wellbeing Library Dragon and will be in the library from Monday-Thursday, and we would love for people to come and visit her. She likes to be held, read to and to help with study.

Catherine Manthey
Library Technician

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SSSA Swimming

On Wednesday 26 February, 21 swimmers represented Concordia at the School Sport South Australia (SSSA) swimming championship at the SA Aquatic Centre. Almost all swimmers achieved personal best times and there were many who placed first in individual events and team relays. Despite being short of swimmers for some events and students swimming up in age-group, we were proud to achieve fifth position overall, with the girls achieving fourth in their category. Every student proudly represented the College, competing with determination to win and a smile on their face.

A huge thank you to our timekeepers who stepped in at the last minute, and to the coaches - Kara and Louisa - for their organisation of the races and motivational coaching for all swimmers.

Fiona Greig
Swimming Supervisor

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Student Achievement

Congratulations to **Isaac (10RCRO)** on being selected as a member of the School Sport SA 18 and under baseball team - an outstanding achievement!

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Diary Dates

To view upcoming diary dates, please refer to the [Events Calendar](#) on our website.

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The School Shop

Term Time Opening Hours

General trading – no appointment required.

- Monday: 8am - 4pm
- Wednesday: 12.30pm - 4pm
- Thursday: 12.30pm - 6.15pm
- Friday: 2.30 - 4.30pm (Terms 1 and 4)

(Closed on Public Holidays)

Uniform Orders

Email orders are also welcome and purchases may be collected from The School Shop during opening hours. Please email schoolshop@concordia.sa.edu.au and include:

- your child's name and year level
- size
- your contact details

The School Shop staff will contact you for payment and advise when your order is available to collect. Students in Years 7-12 are emailed to advise when their orders are ready to be collected. For students in ELC-Year 6, email advice is sent to parents/caregivers.

Reminder: Sport Uniform Orders

A reminder that sports uniform orders for the following sports are now due. The due date has been extended to no later than **Wednesday 12 March** for the following sports:

- Basketball (boys)
- AFL shorts (boys)
- Hockey (mixed)
- Netball (girls)
- Soccer (boys and girls)

Glass Coffee Cups Now Available

Introducing our sleek new Glass Coffee Cup with a versatile lid—perfect for travelling or doubling as a coaster. Buy yours today for \$15.00 - the perfect blend of form and function!

Head to the School Shop ([click here for opening times](#)).

ELC Items - In Stock Now

Stock of the following items for ELC students is limited, so please email your order to: schoolshop@concordia.sa.edu.au and we will ensure your request is prioritised.

- Beanies
- Long Sleeve Polo Shirts

PE Polo Shirt

The old style gold and navy PE polo shirts are now discontinued and students are required to have the new navy PE polo shirt.

Umbrellas

The following items are now available in The School Shop:

- Golf umbrellas - \$38 each
- Fold-up umbrellas - \$28 each

Secondhand Clothing

Stock Wanted – now is the time to clear out the wardrobes!

If you have uniforms you no longer need, they may be donated or sold on consignment in The School Shop ([click to download a secondhand uniforms consignment form](#)).

Please note:

- Blazers and winter skirts/pinafores must be dry cleaned with a receipt attached.
- Jumpers must be washed using a wool wash detergent.
- All other items must be in good condition, stains removed, washed and ironed ready for sale.
- Summer hats must be hand washed.
- Any uniform items in need of repair e.g. broken zips, seams unstitched, missing buttons, etc. must be repaired prior to acceptance for sale. Buttons are sold in The School Shop.
- Garments presented on hangers are preferred.
- Old logo and discontinued styles – uniforms with the old school logo and discontinued styles are no longer saleable in The School Shop but can be dropped off for overseas charity donation.

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CC Café Term 1 Menu

Our CC Café Term 1 menu is here! [Download a copy of the menu](#) to see what is on offer this term.

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Public Notices & Events

- **The Body Philosophy Actually Acting** are running acting classes for seniors at Living Choice on Monday mornings, from 24 March through to 7 April. Sessions run for an hour from 10.30-11.30am. [Download a flyer](#) for more information.
- **Code Camp** is running action-packed holiday programs in the Term 1 autumn school holidays. [Visit the website](#) for more information.
- **Hawthorn Scout Group** is offering three 'come and try' visits for free, for young people aged 5-14. [Download a flyer](#) for more information.
- **Broadway Burn** are classes where musical theatre and fitness meet centre stage. Classes are held in Burnside, Colonel Light Gardens, Goodwood and Holden Hill. [Download a flyer](#) and scan the QR code for more information.
- **Connect.Ed** are running free parenting sessions for children on the following topics: [sleep](#), [toileting](#), [understanding children's behaviour](#), [play](#) and [feeding](#). Click the links to find out more.

- **Club Kaleidoscope** is running an Easter School Holiday Program, including Digital Paintshop Gallery, Creative Projections: Artist on the Artwork, Stop-Motion Storytellers and Studio Sessions. [Download a flyer](#) and scan the QR code for details.

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