PRESENTED BY FULLARTON PARK COMMUNITY CENTRE

'MIS' behaviour, the STUBBORNNESS of

behaviour and a language that **TAMES SHAME**



FREE DISCUSSION GROUP SESSION by Mark Le Messurier 2022 SA Australian of the Year

This session will immerse you in a compassionate way to think about behaviour and 'misbehaviour' and to do this we use, 'soft eyes and warm hearts'. Our 'soft eyes and warm hearts' allow us to unlock what a child's behaviour is telling us because we want to dig deeper. A change in their behaviour begins in our heart. So, the next time your child, or any child says to you, *"who is the naughtiest kid you know?"* Your answer, "Every child's behaviour expresses an emotional need, and the adults must be clever enough to work out what the behaviour is asking and how to meet that need, gently and kindly." Our 'soft eyes' and 'warm hearts' mindset transports us from being annoyed by a child's behaviour and urgently correcting it, to imagining what is happening for them and how best to humanely meet the emotional need they are expressing.

Wednesday 8 June 10am-12pm

Fullarton Park Community Centre 411 Fullarton Road, Fullarton 8372 5180 or pdale@unley.sa.gov.au



2022 Brings the release of Mark Le Messurier's latest book, 'BUILDING SACRED GROUND: Parenting with soft eyes and warm hearts'. Mark's Seminars and Discussion Groups will take you on a journey through the chapters of his book

BOOKINGS ESSENTIAL DUE TO COVID 19 RESTRICTIONS. NUM-BERS WILL BE LIMITED , PLEASE ADVISE US IF YOU ARE UNABLE TO ATTEND AS THERE MAY BE A WAIT LIST. QR Code check-in & Masks may apply.

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