

# CALLING ALL DADS OF PRIMARY SCHOOL GIRLS, DAUGHTERS AND DADS CRICKET IS HERE!!!

#### Do you want to...

- Spend quality one on one time with your daughter?
- Develop cricket skills and have fun getting active together?
- Help her build confidence, self-esteem and resilience?

Strengthen your relationship with your daughter and improve her enjoyment and engagement in cricket.

Spaces are limited, book online. DON'T MISS OUTI



## WHAT IS THE PROGRAM?

- 90 mins a week over 9 weeks.
- A combination of cricket skills and well-being education for primary school girls 7-12 years and their dads (or father figure)

#### PHYSICAL ACTIVITY

- Rough and tumble play, fitness and cricket skills.
- Your daughter will improve her catching, batting, bowling and throwing.

## WELL-BEING EDUCATION

You will help your daughter develop: Bravery, self-control, resilience, persistence, positivity.

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Date			
Location			
Time			
Cost			
Book online			
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