

Orienteering is a unique sport that teaches life skills like navigation and fitness with the fun challenge of finding the fastest route between checkpoints on a map.

What do you need to bring?

- No special equipment required we provide everything.
- Wear comfortable clothing suitable for outdoors walking or running.
- Interested students from nearby schools are welcome to register and attend.

Note to Parents/Carers: This is a FREE activity run by volunteers from Orienteering SA for students of all ages and fitness levels. We welcome parents to stay and to take part in the activities.

Please arrange transport for your children to/from events.

Mitcham Hills

incl. Hawthorndene to Coromandel Valley

When? Fridays: 12th, 19th and 26th May – 3:30-4:45 PM

Find out more at:

 $\frac{https://www.sa.orienteering.asn.au/coaching-training/for-schools/school-events}{}$

Or scan the QR Code

For more information and how to register, scan QR code to see our School Events page.



