

CALLING ALL DADS OF PRIMARY SCHOOL GIRLS.

DAUGHTERS AND DADS CRICKET IS HERE!!!

Do you want to...

- Spend quality one on one time with your daughter?
- Develop cricket skills and have fun getting active together?
- Help her build confidence, self-esteem and resilience?

Strengthen your relationship with your daughter and improve her enjoyment and engagement in cricket.





WHAT IS THE PROGRAM?

- •90 mins a week over 9 weeks.
- •A combination of cricket skills and well-being education for primary school girls 6-12 years and their dads (or father figure)

PHYSICAL ACTIVITY

- •Rough and tumble play, fitness and cricket skills.
- •Your daughter will improve her catching, batting, bowling and throwing.

WELL-BEING EDUCATION

You will help your daughter develop:

Bravery, self-control, resilience, persistence, positivity.





Sundays from 29 October -Date 17 December

Location Concordia College

Winchester Street, Highgate

Spaces are Imiited, book online.

DON'T MISS

Time 11:30am - 1:00pm

Cost \$130 per daughter & dad pair

NEED MORE DETAILS?

Name: Hannah Douglas-Hill

A hdouglas-hill@saca.com.au

08 8300 3254

www.daughtersanddads.cricket.com.au

Scan the QR code to find out more and register









