



ANXIETY IN CHILDREN

FREE Parent Education Seminar by Madhavi Nawana Parker

Madhavi will teach simple, practical ways to help your children cope better with anxiety and stress. Madhavi's ideas will encourage happiness, resilience and wellbeing in your family.

Madhavi Nawana Parker is a widely published Author of Confidence, Resilience, Wellbeing and Social Emotional Literacy books who has worked with families and schools for over two decades. She is Director of Positive Minds Australia. www.positivemindsaustralia.com www.positivemindsaustralia.com.au

Monday 30 May 2022, 7-8.30pm

Fullarton Park Community Centre
(Use Rear Foyer Entrance)

Bookings essential as places are limited:
phone **8372 5180** or email pdale@unley.sa.gov.au



**BOOKINGS ESSENTIAL DUE TO COVID 19 RESTRICTIONS.
NUMBERS WILL BE LIMITED , PLEASE ADVISE US IF YOU ARE
UNABLE TO ATTEND AS THERE MAY BE A WAIT LIST.
QR Check ins and masks may apply.**

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